

FOR IMMEDIATE RELEASE



August 8, 2018

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Diet and Cancer: What's the Connection? Therapeutic Chef, Nancy Walker Answers Your Questions

Founder and Therapeutic Chef Nancy Walker will be one of the 4 **local expert speakers** who **will share their knowledge on therapeutic nutrition; to prevent, lower the risk, and recurrence of cancer.**



Moderator:
Tom Spillane, MD
Oncology/Hematology



Angela Fissell, MS, RDN
Registered Dietitian
Nutritionist



Nancy Walker,
Therapeutic Chef
Founder of The
Wellness Kitchen and
Resource Center



Heidi Lukas, ND,
FABNO
Integrative
Naturopathic Physician

If you or someone you love has been diagnosed with cancer, you may be wondering:

- What should I eat?
- Are there foods I should avoid?
- Are vitamins and supplements beneficial?
- What is the connection between diet and cancer?

Come and find out!

This symposium of educational talks will provide valuable information to help you better understand how to manage your diet (or that of a loved one) before, during and after a cancer diagnosis. We invite you to join our local experts who will share their knowledge to help you navigate through nutritional options to create a healthy diet that has the potential of reducing the incidence, the risk of progression and the recurrence of cancer.

- **Wednesday, August 29, 2018**
 - **Light healthy meal and program: 6:00 to 8:00 p.m.**
- **French Hospital Medical Center**
 - **Copeland Health Education Pavilion, Auditorium, Third Floor**
 - **1911 Johnson Avenue, San Luis Obispo, California**
- **Space is limited; reservations are required.**
 - **Please call Hearst Cancer Resource Center at 805.542.6234.**

This program is made possible through the support of the Martin Hulburd Family Cancer Education Fund and is offered as a community service.

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