

FOR IMMEDIATE RELEASE

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The Wellness Kitchen Returns to their Home Location

Offering Weekly Meals, Classes and Lunch Once Again

After experiencing a temporary closure from the October 21st fire in an upstairs office space in their shared building, The Wellness Kitchen's storefront operation was deemed inoperative and has since been closed for repairs.

The Wellness Kitchen resumed their weekly therapeutic nutrition meal program since December 3rd; therefore, patrons of The Wellness Kitchen have been ordering since—thanks to Atascadero Bible Church in Atascadero for use of their commercial kitchen; Fig at Courtney's House in Templeton for distribution location; Idler's in Paso Robles for hosting The Wellness Kitchen's monthly healthy cooking classes; and the Dusi Family for their support of hosting our administration team at their warehouse.

"Without the support of these much-appreciated in-kind sponsors and our dedicated volunteers, The Wellness Kitchen wouldn't have been able to successfully resume our nutrient-rich healing and wellness meal program; and offer healthy cooking classes from December 3rd through February 28th," says Executive Director, Gina Grieb.

March 1st, The Wellness Kitchen will be set-up and ready to serve in their previous permanent commercial kitchen location, located at 1255 Las Tablas Rd., Suite 102 in Templeton. Since October 21st, The Wellness Kitchen has been undergoing a significant amount of clean-up and repairs.

"Thanks to our dedicated board of directors, staff, volunteers, donors, in-kind sponsors, media and patrons—together as a community—have made it possible for us to get our commercial kitchen ready for us to return to our space," says Grieb.

Pay a visit to The Wellness Kitchen and Resource Center after their March 1st re-opening of TWK's permanent storefront location! **March 11th thru 15th, from 10am to 4pm, they will be opening their doors and hosting a Grand Re-Opening Appreciation Week at The Wellness Kitchen; to welcome and show their appreciation to the community for being supportive of The Wellness Kitchen.** Some samples of their healing tea will be served—along with an opportunity to purchase grab-n-go deli lunch items, sign up for classes, order meals and much more!

"It takes a community to make a difference in those we serve; and without the support of our community, The Wellness Kitchen couldn't operate and serve our patrons without you—thank you!" says Grieb.

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The Wellness Kitchen and Resource Center is a nonprofit organization in Templeton, CA whose mission is to provide Healing Foods to those in critical need, along with education, resources, and nourishing meals for individuals wanting to regain or sustain optimal health. For more information, to order meals, or register for events, visit <http://www.thewkrc.org/>.