

FOR IMMEDIATE RELEASE

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Shop, Sip & Sweets: A Free Auction Event The Wellness Kitchen Hosts a Year-End Fundraiser

The Wellness Kitchen brings you a delicious year-end fundraiser hosted at Fig Café at Courtney's House, at 311 Sixth Street in Templeton, on Thursday, December 12th from 6:30pm – 8:30pm. **This free auction event** includes three dessert tickets, healing tea, and \$8 glasses of Central Coast Wine.

Choose from a variety of desserts from The Wellness Kitchen and Fig Café while sipping local wine, listening to guitarist Adam Levine, and bidding on the incredible silent auction items just in time for the holiday gift giving season.



“We have incredible auction packages available ranging from a \$14 Sponsor a Broth for someone in need to a \$600 Cottage Stay at Wine Country RV Resort,” says Founder and Executive Director, Nancy Walker. *“We are looking forward to the funds we raise because we have a lot of great educational programs in line for next year.”*

The 1892 manse venue, where The Wellness Kitchen began back in 2010, will be decorated for Christmas and the desserts will be plentiful, some of which include:

- Chocolate peppermint bark (gf, df)
- Orange ginger cake (gf, df)
- Coffee cake (gf, df)
- Maple Caramel Corn (gf, df)
- Assorted cookies
- And more

Auction items range from Central Coast wine tours, overnight stays, local art, signed children's books from local authors, waterpark passes, massage retreats, spices, teas, gift baskets, and more.

Finish up your holiday shopping while supporting your local nonprofit, The Wellness Kitchen, at this free auction event.

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The Wellness Kitchen and Resource Center is a nonprofit organization in Templeton, CA whose mission is to provide our community with the most delicious and nutritious foods possible, but also give back through culinary instruction, nutrition education, and support groups. We host cooking classes with our in-house chefs, as well as a variety of healing lectures and demonstrations led by health professionals, guest chefs, nutrition educators, organic ranchers and farmers. <http://www.thewkrc.org/>